



Dear All,

The Annual Sports event of Adamas University will be held on 15th February 2019.

In this regard, it should be noted the students who have given their names for participation in the subject sports events should participate in the qualifying heats to be held at the sports ground of AKC (adjacent to the Adamas World School) from 3PM onwards everyday starting 12th Feb 2019. In the event/s where the numbers of participants of are less, the events will not require qualifying heats and as such they will be competing on the final day of sport on 15th February 2019.

Students desirous of participating in the Sports including the "Heats" may be permitted by the Head of the respective Department without adversely affecting their attendance record. The schedule of the events of qualifying heats is being shared below.

Dates	12th Feb 2019	13th Feb 2019	14th Feb 2019	15th Feb 2019 - Finals
Events	Qualifying Heats	Qualifying Heats	Qualifying Heats	Finals
	100 Mtrs Flat Race - Men	100 Mtrs Flat Race - Men	100 Mtrs Flat Race - Men	100 Mtrs Flat Race - Men
	100 Mtrs Flat Race - Women	100 Mtrs Flat Race - Women	100 Mtrs Flat Race - Women	100 Mtrs Flat Race - Women
	200 Mtrs Flat Race - Men	200 Mtrs Flat Race - Men	200 Mtrs Flat Race - Men	200 Mtrs Flat Race - Men
	200 Mtrs Flat Race - Women	200 Mtrs Flat Race - Women	200 Mtrs Flat Race - Women	200 Mtrs Flat Race - Women
	400 Mtrs - Flat Race Men	400 Mtrs - Flat Race Men	400 Mtrs - Flat Race Men	400 Mtrs - Flat Race Men
	400 Mtrs- Flat Race - Women	400 Mtrs- Flat Race - Women	400 Mtrs- Flat Race - Women	400 Mtrs- Flat Race - Women
		800 Mtr - Flat Race - Men		800 Mtr - Flat Race - Men
		Discuss throw - Men		Discuss throw - Men
		Discuss throw - Women		Discuss throw - Women
	Shortput - Men	Shortput - Men		Shortput - Men
	Shortput - Women	Shortput - Women		Shortput - Women
			Javelin Throw - Men	Javelin Throw - Men
			Javelin Throw - Women	Javelin Throw - Women
			Long Jump - Men	Long Jump - Men
			Long Jump - women	Long Jump - women
				Women's Relay 8x50 Mtrs
				Men's Relay 4x100 Mtrs

The sports events for faculties and staffs of AU will be also be held on the same day.

It may be noted for students still willing to participate in the events may register their names with Mr. Dhiman Midday, Sport Officer, Adamas University, on or before 5:30 PM 11th February 2019 either through hardcopy or email at sportsofficer@adamasuniversity.ac.in

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